



**DAY OF ECK!**

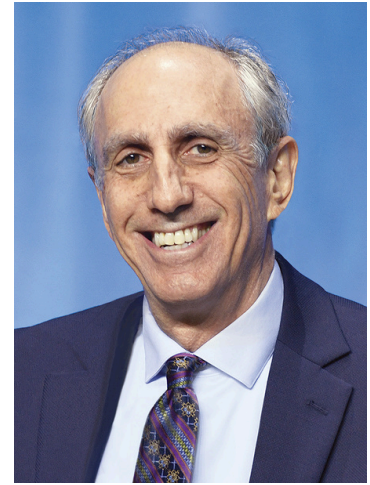
*You are warmly invited!*

**May 31, 2026**

**8:45am - 5:00pm**

**Maryland ECK Center**

**Third Floor, Suite 314, 1738 Elton Rd.  
Silver Spring, MD 20903**



**Sri Doug Kunin, the Mahanta,  
The Living ECK Master**

# Resonate to the God Current Within You!



**Guest Speaker:  
Bob Lawton**

Embrace both your human and divine nature! Recognize the God Current within you and celebrate your own unique expression of divine love. You're invited to take another step on your spiritual journey to Self-Realization and God-Realization.



## Guest Speaker

Bob Lawton has traveled throughout the world lecturing on ECKANKAR, Past Lives, Dreams, Soul Travel, and out-of-body experiences. Bob is the former RESA of Connecticut and former Chairman of the ECKANKAR International Board of Trustees for over forty years. One is inspired and uplifted from hearing Bob speak on how to raise your consciousness and recognize your own spiritual experiences.

## Day of ECK Overview

### HI Program

8:00 am - 9:45 am

- 8:00 - 8:30 am - Volunteer Meeting and HU Chant
- 8:30 - 12:00 pm - Registration  
(For HI session ECK ID required)
- 9:00 - 9:30 am - RESA Welcome & HI Chant
- 9:30 - 9.45 am - HI Panel - Service - Sharing ECK with Others



### Main Program (Open to Public) Morning Session: 10:00 am - 12:00 pm

- 10:00 - 10:15 am - Welcome and Opening HU
- 10:15 - 10:25 am - Creative Arts
- 10:25 - 12:00 pm - Workshop by Guest Speaker  
Resonate to the God Current Within You!



### Fellowship Lunch

Catered Lunch Provided: 12:00 pm - 1:15 pm

**Main Program (Open to Public)**  
**Afternoon Session: 1:30 pm - 5:00 pm**

- 1:30 - 2:20 pm - Special Video Address by Sri Doug Kunin  
**The Quest for God Consciousness**
- 2:20 - 2:50 pm - RESA Led Group Discussion
- 2:50 - 3:10 pm - Creative Arts
- 3:10 - 3:25 pm - Youth Panel - **Mahanta, My Best Friend**
- 3:25 - 3:45pm - Chela Panel - **How ECKANKAR Changed My Life**
- 3:45 - 4:00 pm - Break
- 4:00 - 4:25 pm - Talk by Guest Speaker  
**Spiritual Keys for Your Journey  
Home to God**
- 4:30 - 5:00 pm - RESA Wrap up and Closing HU



**Registration**

**Suggested Donation**

**(Lunch Included)**

Individual	<b>\$30</b>	Youth (12 - 17)	<b>\$10</b>
Couple	<b>\$50</b>	Youth (18 - 25)	<b>\$15</b>
Guest	<b>FREE</b>	(any donation is gratefully accepted)	

**Online  
Registration  
Closed**

**Registration for the Maryland Day of ECK has  
closed. We have sold all our seats.**

**Please contact Randi at**

**[resa@eckankarmaryland.org](mailto:resa@eckankarmaryland.org)**

**to be placed on the waiting list. Thank you.**