



DAY OF ECK!

You are warmly invited!

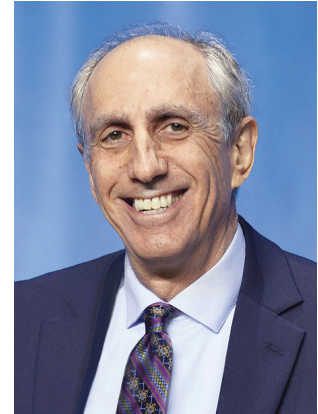
May 31, 2026

8:45am - 5:00pm

Maryland ECK Center

Third Floor, Suite 314, 1738 Elton Rd.

Silver Spring, MD 20903



**Sri Doug Kunin, the Mahanta,
The Living ECK Master**

Resonate to the God Current Within You!



**Guest Speaker:
Bob Lawton**

Embrace both your human and divine nature! Recognize the God Current within you and celebrate your own unique expression of divine love. You're invited to take another step on your spiritual journey to Self-Realization and God-Realization.



NEW!



A Special Video from Sri Doug!

An exclusive video message from Sri Doug for Maryland Chelas will be presented during HI program.

Guest Speaker

Bob Lawton has traveled throughout the world lecturing on ECKANKAR, Past Lives, Dreams, Soul Travel, and out-of-body experiences. Bob is the former RESA of Connecticut and former Chairman of the ECKANKAR International Board of Trustees for over forty years. One is inspired and uplifted from hearing Bob speak on how to raise your consciousness and recognize your own spiritual experiences.

Day of ECK Overview

HI Program

8:00 am - 9:45 am

- 8:00 - 8:15 am - Volunteer Meeting and HU Chant
- 8:20 - 12:00 pm - Registration
(For HI session ECK ID required)
- 8:45 - 9:30 am - RESA Welcome, HI Chant, A Special Video from Sri Doug for this event.
- 9:30 - 9.45 am - HI Panel - Service - Sharing ECK with Others



Main Program (Open to Public) Morning Session: 10:00 am - 12:00 pm

- 10:00 - 10:15 am - Welcome and Opening HU
- 10:15 - 10:25 am - Creative Arts
- 10:25 - 12:00 pm - Workshop by Guest Speaker
Resonate to the God Current Within You!



Fellowship Lunch

Catered Lunch Provided: 12:00 pm - 1:15 pm

Main Program (Open to Public)

Afternoon Session: 1:30 pm - 5:00 pm

- 1:30 - 2:20 pm - Special Video Address by Sri Doug Kunin
The Quest for God Consciousness
- 2:20 - 2:50 pm - RESA Led Group Discussion
- 2:50 - 3:10 pm - Creative Arts
- 3:10 - 3:25 pm - Youth Panel - Mahanta, My Best Friend
- 3:25 - 3:45pm - Chela Panel - How ECKANKAR Changed My Life
- 3:45 - 4:00 pm - Break
- 4:00 - 4:25 pm - Talk by Guest Speaker
Spiritual Keys for Your Journey
Home to God
- 4:30 - 5:00 pm - RESA Wrap up and Closing HU



Registration

Suggested Donation

(Lunch Included)

| | | | |
|------------|-------------|---------------------------------------|------|
| Individual | \$30 | Youth (12 - 17) | \$10 |
| Couple | \$50 | Youth (18 - 25) | \$15 |
| Guest | FREE | (any donation is gratefully accepted) | |

Limited Seats
Pre-register by
May 21st, 2026

To Register :

Scan QR Code or Click
the link below



[Register Here](#)

To Register by mail
please contact Randi Green:
RESA@eckankarmaryland.org

For more information:
Call or Text: 301-439-2120
Email: MEC@eckankarmaryland.org