

## Welcome to the DC/MD/VA Areas Online ECK Events Pages

All events listed below are sponsored by *Eckankar - The Path of Spiritual Freedom*.

They are open to the public, free of charge, and are <u>hosted via Zoom.us</u>. To participate in any of these events, please send an email request as indicated below to receive the Zoom login information for the corresponding event.

Sunday, January 9, 2022, at 11 AM

*The Book of ECK Parables, Volume 1* – Online Book Discussion (6-month discussion)

To make a connection with our everyday life and the ECK, Divine Spirit, is truly a gift. The stories within *The Book of ECK PARABLES*, *Volume One*, were gathered from talks by Harold Klemp, the Spiritual Leader of Eckankar. They are simple stories on the surface - but look deeper - turn the story around to reveal different facets of spiritual lessons and understanding. This is Spirit's gift to you and as you study and contemplate each story - the story becomes yours! They become your lessons. We have an opportunity for spiritual growth every day and this book highlights the many facets of spiritual growth in harmony, discipline, love, trust, death, and reincarnation, and so much more. You do not need the book to be a part of this book discussion. Holly and Lessandra will summarize the stories and invite those with a book to highlight their favorites. You'll also have the opportunity to tell your own personal story. We hope to see you on the 2nd Sunday at 11am.

January's discussion will cover chapters 1 and 2. Chapter One - Karma Chapter Two - Dreams

If you would like to purchase the book, there are a couple ways to obtain one:

- 1. Order from Eckankar though Eckbooks.org
- 2. Order from Amazon at Amazon.com

To register for this free event, please send an email request to <u>spiritualdiscussions12@gmail.com</u> and you will receive Zoom event login information via a return email.

Tuesday, January 11, 2022, at 7 PM

## **Experience the** *Sound of Soul*

Throughout the ages, followers of many spiritual traditions have used prayer, the singing of holy words, and meditation to bring themselves closer to God. In the same way, those who have discovered HU, an ancient name for God, sing it for their spiritual upliftment. Singing HU can help to smooth out some of the daily ruffles in our lives and expand our

awareness and enjoyment of life. It can help open our hearts to experience a greater amount of God's love. Regardless of your beliefs or religion, you can sing HU to uplift your consciousness.

You are invited to join us in this simple spiritual exercise. We will spend twenty minutes singing/chanting the word HU, followed by five minutes of quiet contemplation. Afterward, there will be some time for discussion and sharing.

"You can open yourself and gain a greater awareness of who and what you are as Soul. You can do this by singing HU. Sing it to yourself, or sing it out loud. But do it every day.

HU is your key to your secret worlds. Once you learn to use this key, you will find a blending of your inner and outer worlds. You'll find yourself filling with love."

— Harold Klemp, The Sound of Soul, p. 53

To register for this free event, please send an email request to <u>spiritualdiscussions12@gmail.com</u> and you will receive Zoom event login information via a return email.

Wednesday, January 12, 2022, at 7 PM

## **Spiritual Video Night**

Enjoy the timeless wisdom of the spiritual leader of ECKANKAR, Harold Klemp. Come join us for a 30 minute video from Harold Klemp's talk, "Gifts Stranger than Fiction." Uplifting and insightful, his talks can help you unravel some of the perplexing mysteries of life. Each showing will be followed by group discussion; a time to share your own experiences and nagging questions about life's many challenges.

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January 13, 2022, 2:00 AM – January 27, 2022, 1:00 AM

**Online ECKANKAR Soul Adventure Seminar** 

Theme: Secrets of Divine Creativity –

Renew! Reconnect! Re-Envision!

You're invited to the ECKANKAR Soul Adventure Seminar event continuously available online during the period of November 15, 2021 – January 31, 2022.

Discover secrets of divine creativity and explore new ways to expand your view of what's possible. Find out how connecting with Soul, the God-spark within, helps you create your own world. Your life truly can be a Soul Adventure.

In this online event, you'll hear heart-opening talks and uplifting musical performances. Enjoy a dynamic digital art gallery from artists around the world.

The highlight of the event is a special video address from Sri Harold Klemp, the spiritual leader of Eckankar—an inspiring, engaging, warmly relatable speaker. He speaks directly to Soul, awakening the love for the divine already within your heart.

This spiritual event was recorded live in October 2021, in Minneapolis and is now streaming online November 15, 2021–January 31, 2022.

A journey of spiritual discovery awaits you!

New to Eckankar? Be our guest. Enjoy complimentary registration.

To register for this free event, please visit us today at <a href="https://www.eckankar.org/esa-event-live/">https://www.eckankar.org/esa-event-live/</a>

Wednesday, January 19th, 2022, at 7 PM

**An Online Spiritual Discussion –** 

Topic: Creating Your Future – Living in the Now

You are the creator of your own life. Your life today is the sum total of your past and present thoughts, feelings, and actions. Learn to be the conscious creator of your life. You will be given tools and spiritual exercises that can assist you on your spiritual journey and to create the life you dream.

To register for this free event, please send an email request to <u>spiritualdiscussions12@gmail.com</u> and you will receive Zoom event login information via a return email.

