



Join us and experience the Sound of Soul. Discover your inner guidance, healing for body, mind, and spirit, and a higher form of creativity by chanting the sacred sound of HU. Spiritual discussion and light refreshments afterward.

Saturday, December 15  
1:00 - 2:00 PM

Severna Park Community Library  
45 West McKinsey Road  
Severna Park, MD 22146

HU is a sacred sound and ancient mantra. It is an ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment.

HU can uplift people of any religion, culture, or walk of life. You're invited to chant HU, contemplate for a few minutes, and then enjoy spiritual conversation with others of like heart.

Experience some of the many benefits of HU:

- Inner peace and calm
- Divine love
- Expanded awareness
- Spiritual self-discovery and growth
- Healing of the heart

“Love is love. And you are that. HU is the Sound of Soul.”  
- Harold Klemp, The Sound of Soul

[TheSoundofSoul.org](http://www.TheSoundofSoul.org) (<http://www.TheSoundofSoul.org>)  
For local info and events (<https://eckankarmaryland.org>)